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What is claimed is:

1. A releasable adhesive tape comprising:

an extensible substrate layer; and

a pressure sensitive adhesive layer coated on at least one surface of said substrate layer;

wherein an end portion of said tape is divided in the longitudinal direction of the tape.

- 2. A releasable adhesive tape according to claim 1, wherein said end portion is divided by slits.
  - 3. A releasable adhesive tape according to claim 1, wherein said end portion is divided by notches.
  - 4. A releasable adhesive tape according to claim 1, wherein said end portion is provided with slots so as to divide said end portion.
- 5. A releasable adhesive tape according to claim 1, wherein said end portion is provided with grooves so as to divide said end portion.
  - 6. A releasable adhesive tape according to claim 1, wherein said end portion is provided with a sequence of perforations so as to divide said end portion.

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